

AUTUMN – TERM 1 SCHOOL MENU 2020

<b>WEEK 1</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Sausage roll served with mashed potatoes and baked beans	Chicken breast in gravy served with roast potatoes and vegetables	Beef lasagne served with garlic bread and side salad	Chicken curry served with rice, peas and wholemeal pitta bread	Bubble salmon fillet served with herby diced potatoes, corn on the cob and ketchup
Meat free sausage roll served with mashed potatoes and baked beans	Quorn fillet in gravy served with roast potatoes and vegetables	Roasted vegetable lasagne served with garlic bread and side salad	Sweet potato, lentil and vegetable curry served with rice, peas and wholemeal pitta bread	Cheese and tomato power pizza served with herby diced potatoes, corn on the cob and ketchup
*Jacket potato served with beans and side salad	*Jacket potato served with bolognese and crunchy salad	*Jacket potato served with coleslaw and side salad	*Jacket potato served with cheese and side salad	*Jacket potato served with tuna mayonnaise and carrot and cucumber sticks
Cherry shortbread or Organic fruit yoghurt/fresh fruit	Chocolate mousse slice or Organic fruit yoghurt/fresh fruit	Peach slices and vanilla ice cream or Organic fruit yoghurt/fresh fruit	Apple pie or Organic fruit yoghurt/fresh fruit	Frozen strawberry yoghurt ice cream or Organic fruit yoghurt/fresh fruit
<b>WEEK 2</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Chicken chunks served with rice, sweet and sour sauce and sweetcorn	Lincolnshire sausage served with mashed potatoes, peas and gravy	Spaghetti bolognese served with garlic bread and diced carrots	Chicken breast in gravy served with roast potatoes and vegetables	MSC Fish and chips served with baked beans
Quorn nuggets served with rice, sweet and sour sauce and sweetcorn	Vegetarian sausage served with mashed potatoes, peas and gravy	Vegetable spaghetti bolognese served with garlic bread and diced carrots	Quorn fillet in gravy served with roast potatoes and vegetables	Vegetable nuggets served with chips and baked beans
*Jacket potato served with cheese and side salad	*Jacket potato served with mild chilli and side salad	*Jacket potato served with tuna mayonnaise, carrot and cucumber sticks	*Jacket potato served with cheese and crunchy salad	*Jacket potato served with beans and side salad
Chocolate and vanilla swirl mousse or Organic fruit yoghurt/fresh fruit	Blueberry muffin or Organic fruit yoghurt/fresh fruit	Cherry Bakewell or Organic fruit yoghurt/fresh fruit	Ice cream pot and melon slice or Organic fruit yoghurt/fresh fruit	Gingerbread or Organic fruit yoghurt/fresh fruit

Wholemeal bread provided on a daily basis

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<b>WEEK 3</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Pork meatballs in a rich and rustic tomato and basil sauce served with whole wheat pasta twists and peas	Mild chilli con carne served with rice and sweetcorn	Roast beef in gravy served with roast potatoes, vegetables and Yorkshire pudding	Cheese and tomato Power pizza served with seasoned wedges and baked beans	Chicken goujon wraps served with diced potatoes, salad and mayonnaise
Vegetarian meatballs served with whole wheat pasta twists and peas	Macaroni Cheese served with sweetcorn	Meat free burger in gravy served with roast potatoes, vegetables and Yorkshire pudding	Vegetable ¼ pounder served with seasoned wedges and baked beans	Quorn dipper wraps served with diced potatoes, salad and mayonnaise
*Jacket potato served with coleslaw and carrot and cucumber sticks	*Jacket potato served with cheese and side salad	*Jacket potato served with bolognese and side salad	*Jacket potato served with beans and crunchy salad	*Jacket potato served with tuna mayonnaise and side salad
Strawberry muffin or Organic fruit yoghurt/fresh fruit	Pears and chocolate ice cream or Organic fruit yoghurt/fresh fruit	Oat and raisin cookie or Organic fruit yoghurt/fresh fruit	Strawberry jelly with mandarins and squirty cream or Organic fruit yoghurt/fresh fruit	Lemon tart or Organic fruit yoghurt/fresh fruit
<b>WEEK 4</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Chicken and vegetable casserole served with mashed potatoes	Beef burger served in a wholemeal bun with seasoned wedges and baked beans	Cottage pie served with carrots and broccoli	Chicken in a tomato and basil sauce served with whole wheat pasta twists and green beans	Salmon fish cakes served with herby diced potatoes and peas and ketchup
Quorn and vegetable casserole served with mashed potatoes	Spicy bean burger in a wholemeal bun served with seasoned wedges and baked beans	Vegetarian cottage pie served with carrots and broccoli	Tomato and basil pasta bake topped with cheese and served with green beans	Omelette served with herby diced potatoes and peas and ketchup
*Jacket potato served cheese and side salad	*Jacket potato served with beans and side salad	*Jacket potato served with cheese and crunchy salad	*Jacket potato served with mild chilli and side salad	*Jacket potato served with tuna mayonnaise and carrot and cucumber sticks
Frozen toffee yoghurt ice cream or Organic fruit yoghurt/fresh fruit	Apple crumble and custard or Organic fruit yoghurt/fresh fruit	Jam tart or Organic fruit yoghurt/fresh fruit	Pineapple and ice cream or Organic fruit yoghurt/fresh fruit	Angel cake or Organic fruit yoghurt/fresh fruit

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Menus run on a four-week revolving basis, changing twice a year, after the Easter Holidays and Autumn Half Term. The current menu as shown above will be available on the following dates.

Week 1	Week 2	Week 3	Week 4
<b>Weeks commencing</b>	<b>Weeks commencing</b>	<b>Weeks commencing</b>	<b>Weeks commencing</b>
31 <sup>st</sup> August 2020	7 <sup>th</sup> September 2020	14 <sup>th</sup> September 2020	21 <sup>st</sup> September 2020
28 <sup>th</sup> September 2020	5 <sup>th</sup> October 2020	12 <sup>th</sup> October 2020	19 <sup>th</sup> October 2020
<b>School Meal Provider</b>			

\*Option not available at all schools.

**PLEASE NOTE:** Due to the ongoing issues surrounding Coronavirus and the logistics of being able to serve hot meals safely whilst maintaining social distancing. Not all schools are able to offer the Hot Meal option for the first term back. If this is the case your school will have communicated the information directly to you. However you will be able to order a cold packed lunch option via your online parent dashboard or school order forms.

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