

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket potato served with tuna mayonnaise and side salad	Chicken breast in gravy served with mash potatoes and vegetables	Tri coloured pasta Bolognese served with garlic bread and side salad	Sausage in a bun served with diced potatoes, sweetcorn cobette and ketchup	Chicken goujons in a tortilla wrap served with curly fries, side salad and mayonnaise
Jacket potato served with cheese, beans and side salad	Quorn fillet in gravy served with mash potatoes and vegetables	Tri coloured pasta Quorn mince Bolognese served with garlic bread and side salad	Meat free sausage in a bun served with diced potatoes, sweetcorn cobette and ketchup	Quorn nuggets in a tortilla wrap served with curly fries, side salad and mayonnaise
No 3 rd Option	#Jacket potato served with beans and side salad	#Jacket potato served with cheese and side salad	#Jacket potato served with tuna mayonnaise, carrot and cucumber sticks	#Jacket potato served with beans and side salad
Frozen toffee yoghurt or Organic fruit yoghurt/fresh fruit	Oat and raisin cookie or Organic fruit yoghurt/fresh fruit	Chocolate muffin or Organic fruit yoghurt/fresh fruit	Peach crumble and custard or Organic fruit yoghurt/fresh fruit	Strawberry jelly with mandarin orange and ice cream or Organic fruit yoghurt/fresh fruit
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ chicken served with rice and sweetcorn	Beef burger in a wholemeal bun served with wedges, salad and ketchup	Roast pork in gravy served with roast potatoes, vegetables and stuffing	Beef Lasagne served with garlic bread and side salad	MSC Jumbo fish finger served with chips, peas and ketchup
Tomato and cheese pasta bake served with sweetcorn	Spicy bean burger in a wholemeal bun served with wedges, salad and ketchup	Broccoli and cauliflower cheese bake served with roast potatoes	Roasted vegetable lasagne served with garlic bread and side salad	Vegetable nuggets Served with chips, peas and ketchup
#Jacket potato served with cheese and side salad	#Jacket potato served with beans and side salad	#Jacket potato served with tuna mayonnaise, carrot and cucumber sticks	#Jacket potato served with cheese and side salad	#Jacket potato served with beans and side salad
Raspberry ripple mousse or Organic fruit yoghurt/fresh fruit	Apple crumble and cream or Organic fruit yoghurt/fresh fruit	Pears and chocolate ice cream or Organic fruit yoghurt/fresh fruit	Carrot cake muffin or Organic fruit yoghurt/fresh fruit	Gingerbread or Organic fruit yoghurt/fresh fruit

Wholemeal bread provided on a daily basis

WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken breast in gravy served with roast potatoes and vegetables	Cheese and tomato pizza served with diced potatoes and coleslaw	Ham served with buttered new potatoes and sweetcorn	Pork meatballs in a rich and rustic tomato and basil sauce served with tri-coloured pasta and side salad	Salmon fishcake served with mash potato and beans
Quorn fillet in gravy served with potatoes and vegetables	Vegetable kiev served with diced potatoes and coleslaw	Mediterranean vegetable quiche served with buttered new potatoes and sweetcon	Vegetarian meatballs in a rich and rustic tomato and basil sauce served with tri coloured pasta and side salad	Vegetable rounds served with mash potato and beans
#Jacket potato served with cheese and side salad	#Jacket potato served with beans and side salad	#Jacket potato served with tuna mayonnaise, carrot and cucumber sticks	#Jacket potato served with cheese and side salad	#Jacket potato served with beans and side salad
Lemon muffin or Organic fruit yoghurt/fresh fruit	Peaches, ice cream and strawberry sauce or Organic fruit yoghurt/fresh fruit	Strawberry crumble and cream or Organic fruit yoghurt/fresh fruit	Iced bun or Organic fruit yoghurt/fresh fruit	Cherry sponge and custard or Organic fruit yoghurt/fresh fruit
WEEK 4				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken casserole served with broccoli and wholemeal bread bun	Sausage roll served with diced potatoes and beans	Roast beef in gravy served with roast potatoes, seasonal vegetables and Yorkshire pudding	Chicken tikka masala served with rice, tomato/cucumber salad and naan bread	Breaded fish served with oven baked chips, peas and ketchup
Macaroni cheese served with broccoli	Vegetarian sausage roll served with diced potatoes and beans	Meat free burger in gravy served with roast potatoes, vegetables and Yorkshire pudding	Chick pea and mixed vegetable curry served with rice, tomato/cucumber salad and naan bread	Omelette served with oven baked chips, peas and ketchup
#Jacket potato served with cheese and side salad	#Jacket potato served with beans and side salad	#Jacket potato served with tuna mayonnaise, carrot and cucumber sticks	#Jacket potato served with cheese and side salad	#Jacket potato served with beans and side salad
Blackcurrant jelly and ice cream or Organic fruit yoghurt/fresh fruit	Chocolate and pear sponge with custard or Organic fruit yoghurt/fresh fruit	Oaty flapjack or Organic fruit yoghurt/fresh fruit	Fruit salad and cream or Organic fruit yoghurt/fresh fruit	Angel cake or Organic fruit yoghurt/fresh fruit

Wholemeal bread provided on a daily basis

Menus run on a four week revolving basis, changing twice a year, after the Easter Holidays and Autumn Half Term.

The current menu as shown above will be available on the following dates.

Week 1	Week 2	Week 3	Week 4
Weeks commencing	Weeks commencing	Weeks commencing	Weeks commencing
17/04/2017	24/04/2017	01/05/2017	08/05/2017
15/05/2017	22/05/2017	05/06/2017	12/06/2016
19/06/2017	26/06/2017	03/07/2017	10/07/2017
17/07/2017			
04/09/2017	11/09/2017	18/09/2017	25/09/2017
02/10/2017	09/10/2017	16/10/2017	

Please Note – not all schools offer the daily jacket potato option – if you are unsure please check with your school

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